

Getting Materials In - Digestive System Basics

Use this worksheet after reading the lesson to practise the key ideas and prove you can meet the success criteria.

Name _____

Date _____

Class _____

1. Key Ideas

Animals need useful materials from food just as they need gases and water. This lesson explains why nutrients matter, what the digestive system does at Stage 4 level, and how digestion and absorption connect to body needs.

- animals need nutrients from food
- food must be processed before useful materials can support cells

2. Success Criteria

By the end, you should be able to:

- animals need nutrients from food
- the digestive system has the role of breaking food down
- absorption links food to body use

3. Key Terms

Nutrients

Useful substances obtained from food that the body needs.

Digestive system

The body system that breaks food down so useful materials can be taken in.

Digestion

The process of breaking food down into smaller usable parts.

Absorption

The movement of useful materials into the body after digestion.

Food

A source of materials and energy for living things.

Body needs

The materials cells need in order to function and survive.

4. Activity: Build the Lesson Map

Use the lesson to complete the table. Keep answers brief but specific.

Prompt	Your answer
Main concept	
Important example	
Common mistake to avoid	
How this links to the next lesson	

5. Short Answer Questions

1. Explain this lesson goal in your own words: "animals need nutrients from food". Use one specific example from the lesson.

CORE

2. Apply this idea to a new example: "the digestive system has the role of breaking food down". Show your reasoning clearly.

CORE

3. Analyse why this idea matters for understanding Getting Materials In - Digestive System Basics: "absorption links food to body use".

REASONING

6. Extend: Apply the Idea

A student says, "I understand Getting Materials In - Digestive System Basics because I memorised the definition."

Explain why memorising a definition is not enough. Use an example from the lesson to show deeper understanding.

7. Multiple Choice

1. What is the best first step when answering a question about Getting Materials In - Digestive System Basics?

- A. Identify the key concept being tested
- B. Write every fact from memory
- C. Ignore the command word
- D. Skip examples and evidence

2. Which answer would show stronger understanding of Getting Materials In - Digestive System Basics?

- A. An answer with accurate terms and reasoning
- B. A copied definition only
- C. A single-word response
- D. An answer with no example

3. What should you do if a question asks you to explain?

- A. Link the idea to a reason or cause
- B. List unrelated facts
- C. Only draw a diagram
- D. Write the shortest possible answer

8. Success Criteria Proof

Finish with evidence that you can do each success criterion.

SUCCESS CRITERION 1

Prove that you can: animals need nutrients from food

SUCCESS CRITERION 2

Prove that you can: the digestive system has the role of breaking food down

SUCCESS CRITERION 3

Prove that you can: absorption links food to body use

One thing I still need help with:
